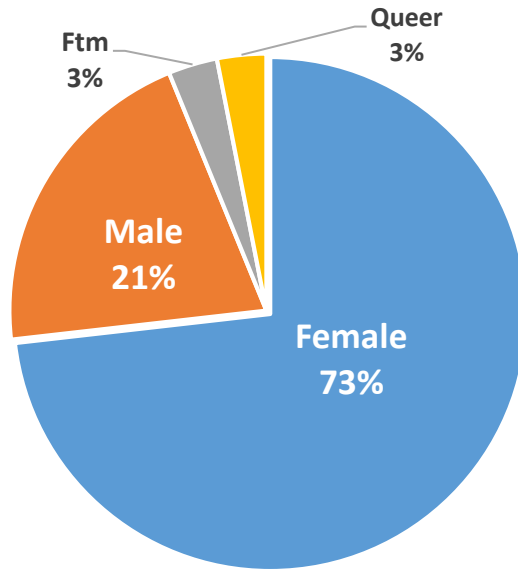


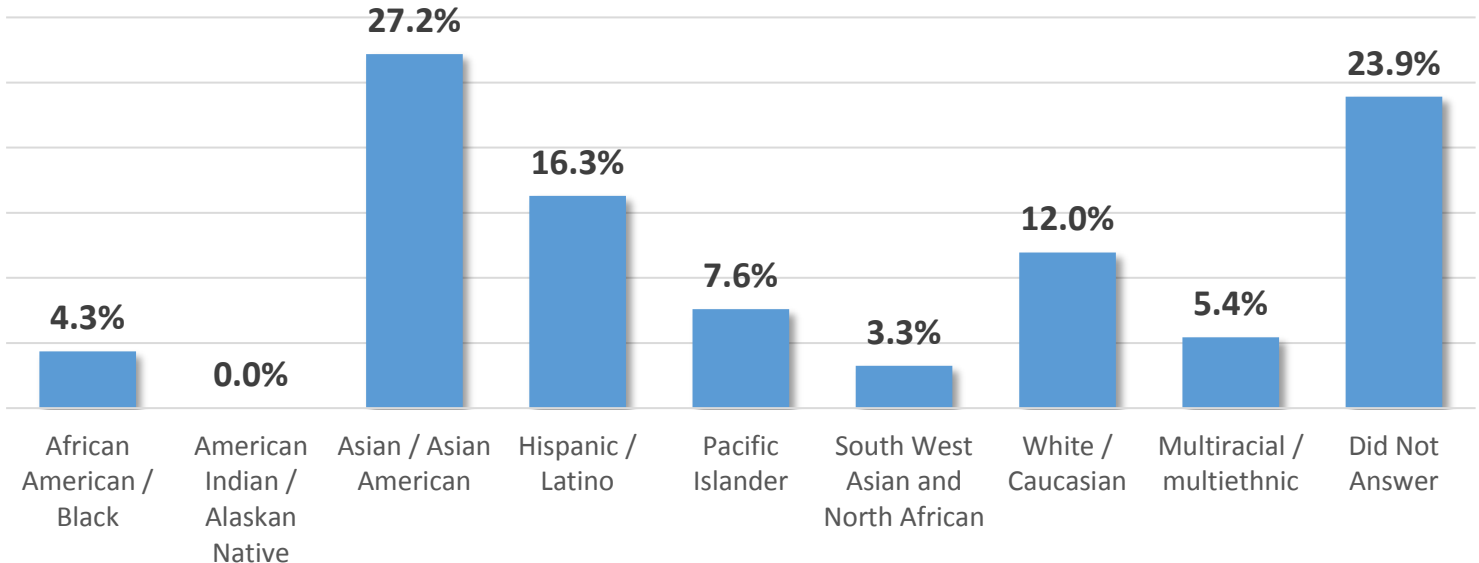


Total n= 116 Survey Respondents | Total Response Rate (Respondents/GRIT Coachees): 62% (116/186)
 Spring 2015 n= 18, RR=75% (18/24) | Fall 2015 n=6 RR=100% | Winter 2016 n=32 RR 71% (32/45)|
 Spring 2016 n= 22, RR= 47% (22/47) | Fall 2016 n=38 RR= 59% (38/64)

Spring 2015-Fall 2016:
Coachees by Gender
 n=97

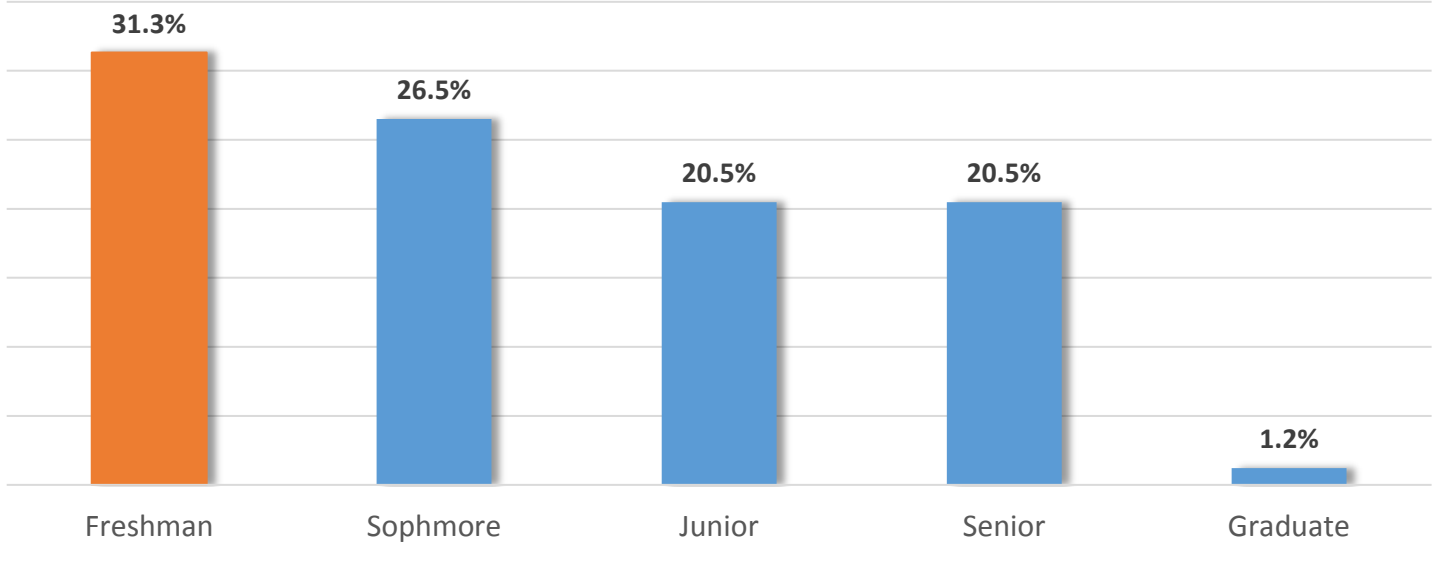


Winter 2016 - Fall 2016:
How do you identify in terms of your race/ethnicity?
 n=92

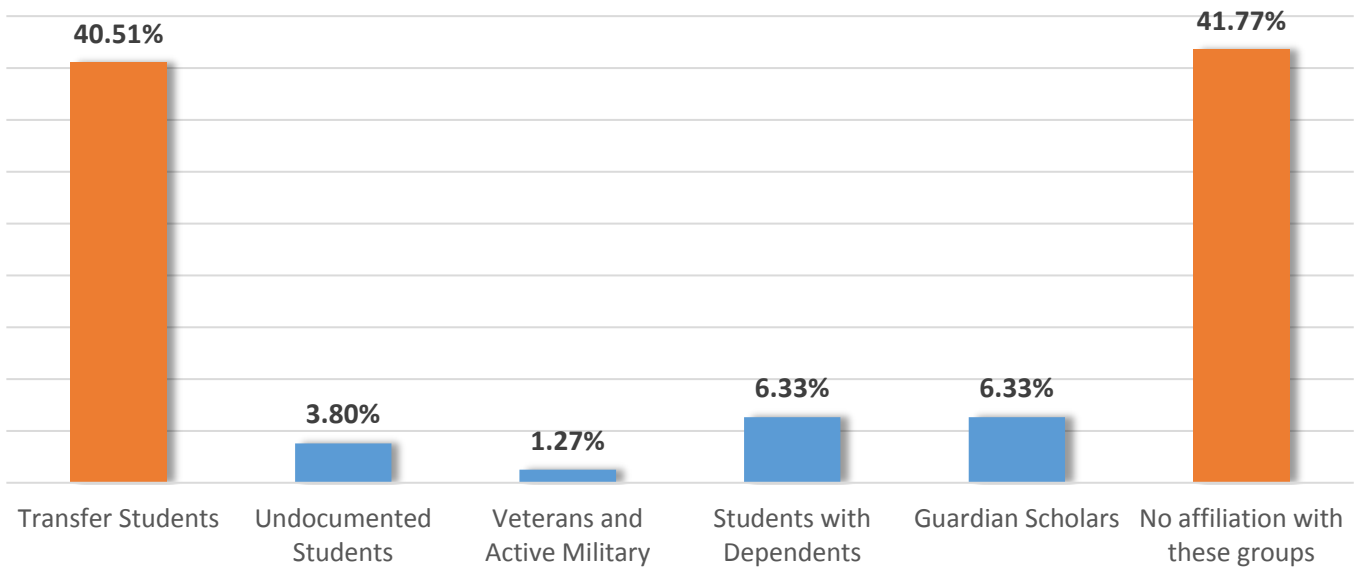




SPRING 2015-FALL 2016:
Coachees by School Year
Respondents n=83



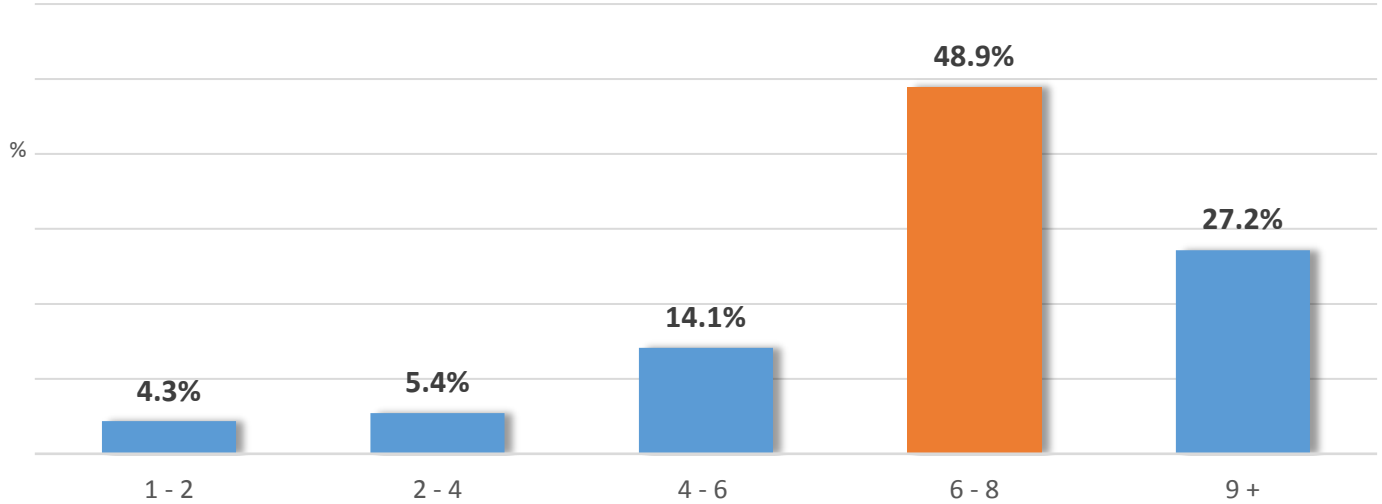
SPRING 2015-FALL 2016:
BRC Populations Represented
n=73





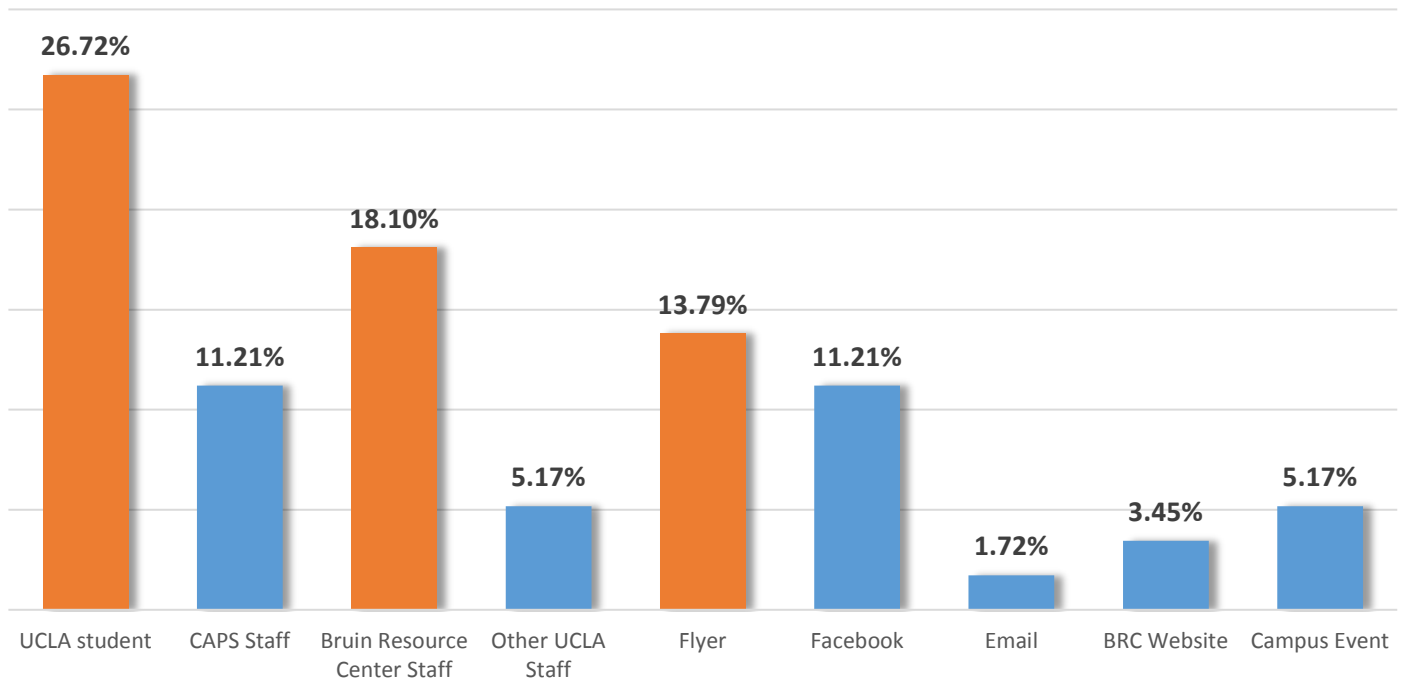
Winter 2016-Fall 2016:
The majority of coaches met with their GRIT Coach between **6-8**
times per quarter.

n=119



Spring 2015-Fall 2016:
How did you find out about the peer coaching program?

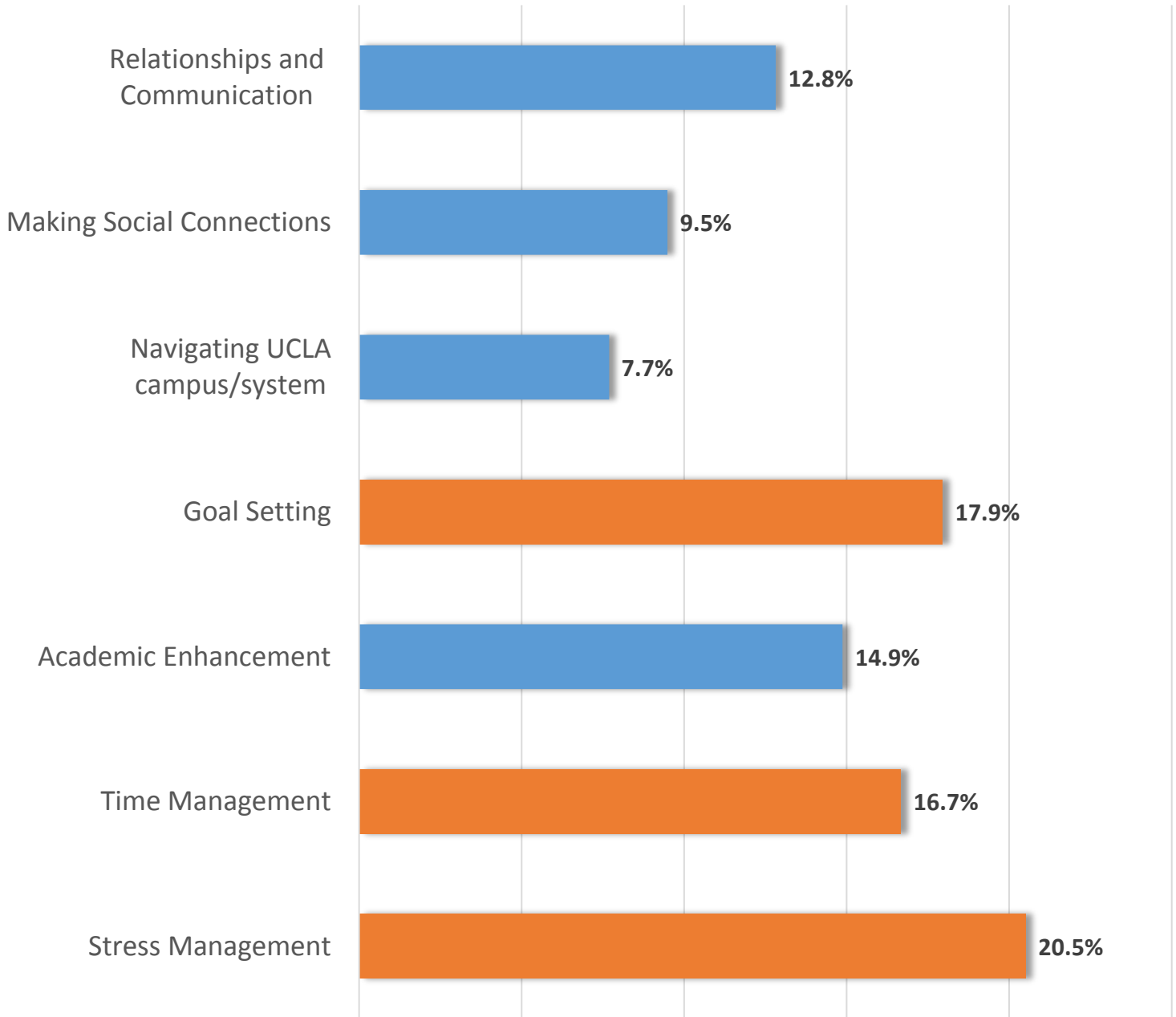
n=104





Fall 2015- Fall 2016:
What were your goals in joining this program?
(Check all that apply)

n=98 respondents, 390 reponses

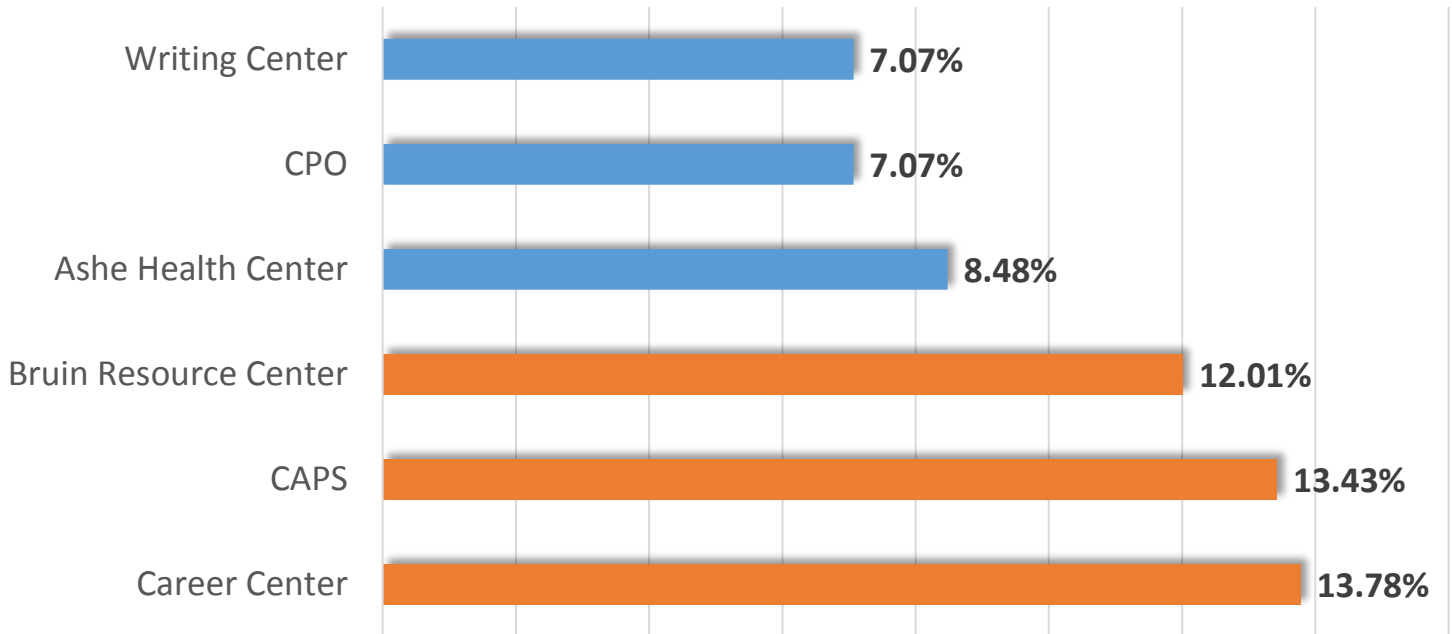




Spring 2015-Fall 2106:

Top Resources that Coachees reported learning about from their Peer Coach

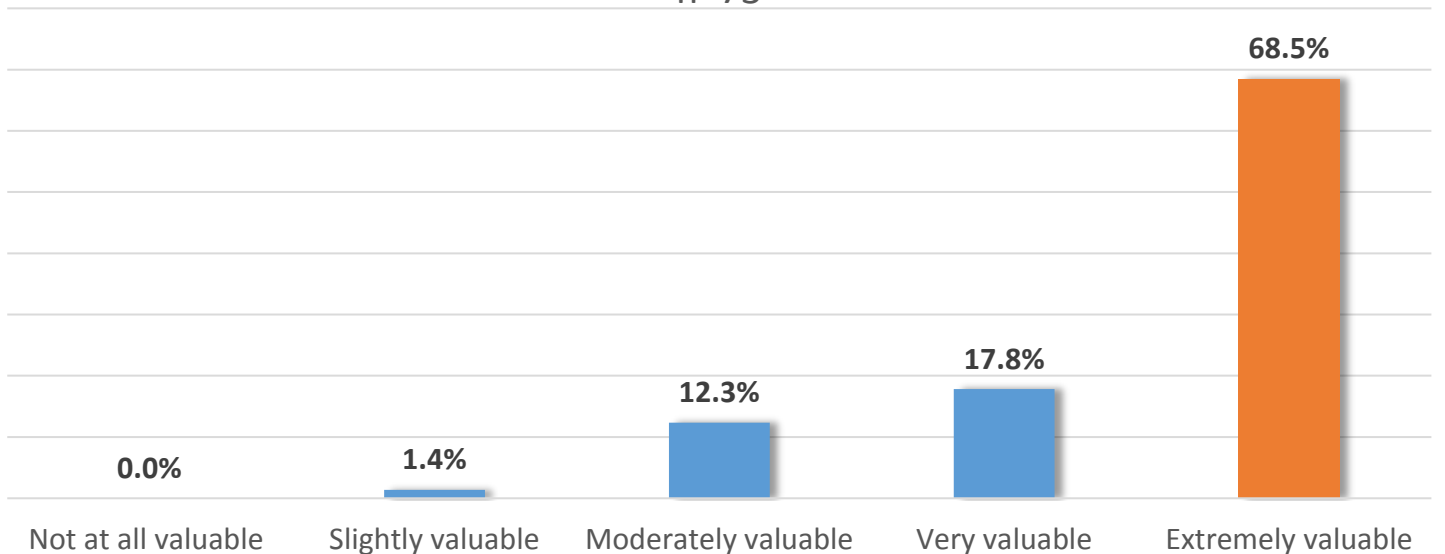
Respondents n=105, Responses n=283



Spring 2015-Fall 2015, Spring 2016-Fall 2016:

The majority (86%) of GRIT participants indicated that meeting with their peer coach was a valuable use of their time

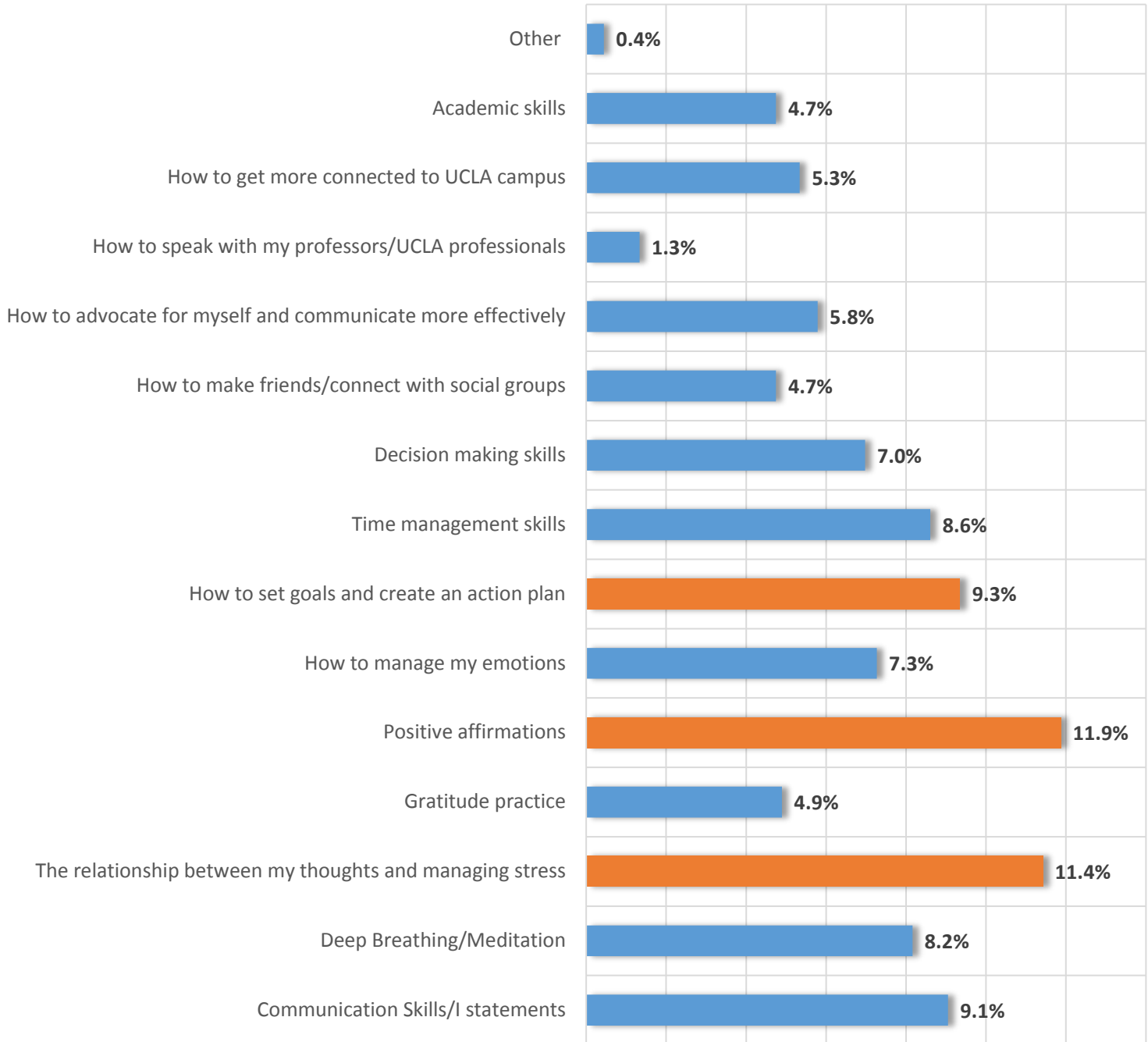
n=73





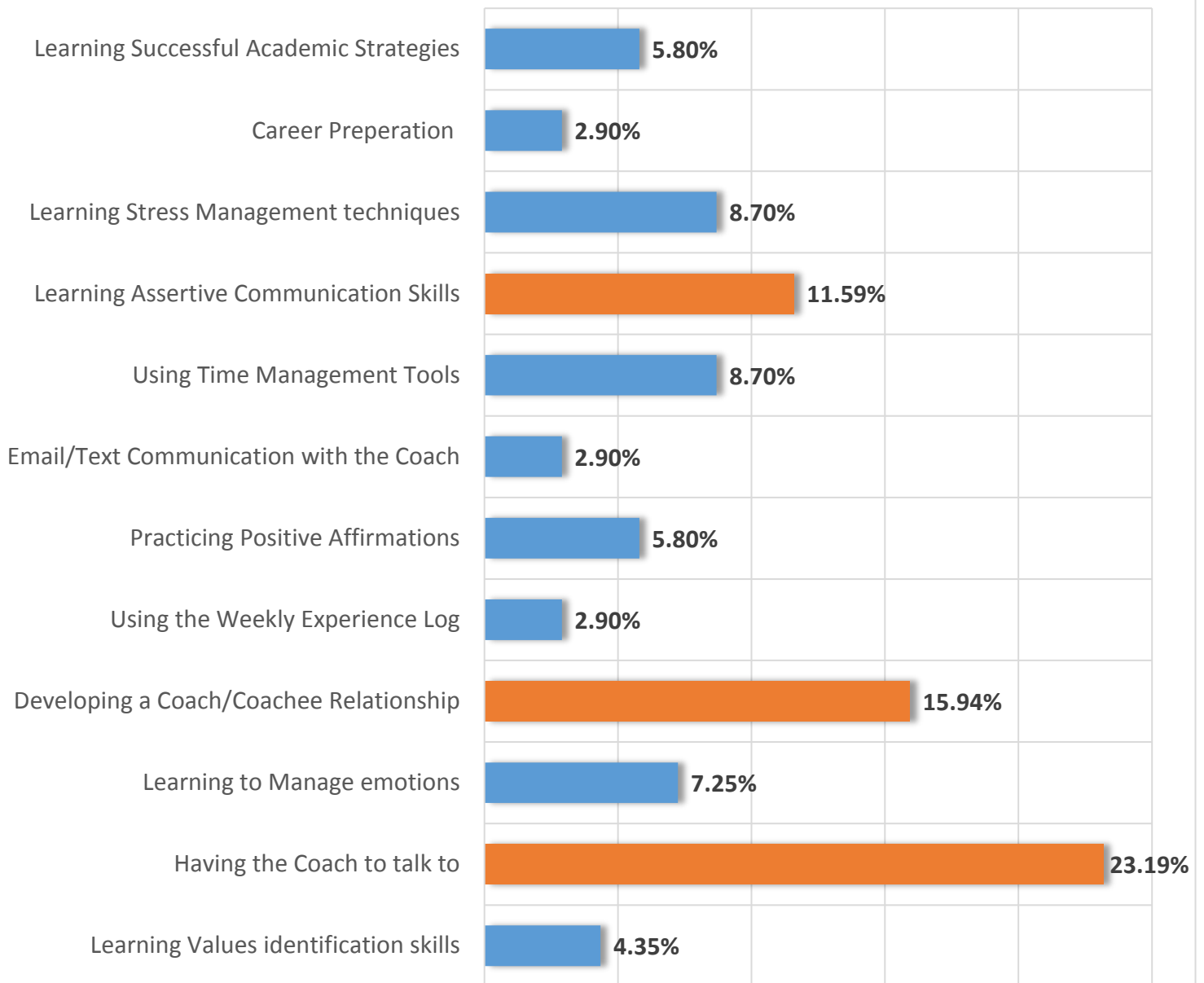
Spring 2015-Fall 2016:
What skills did you learn during your coaching sessions?
(Check all that apply)

Respondents n= 109, Responses = 674





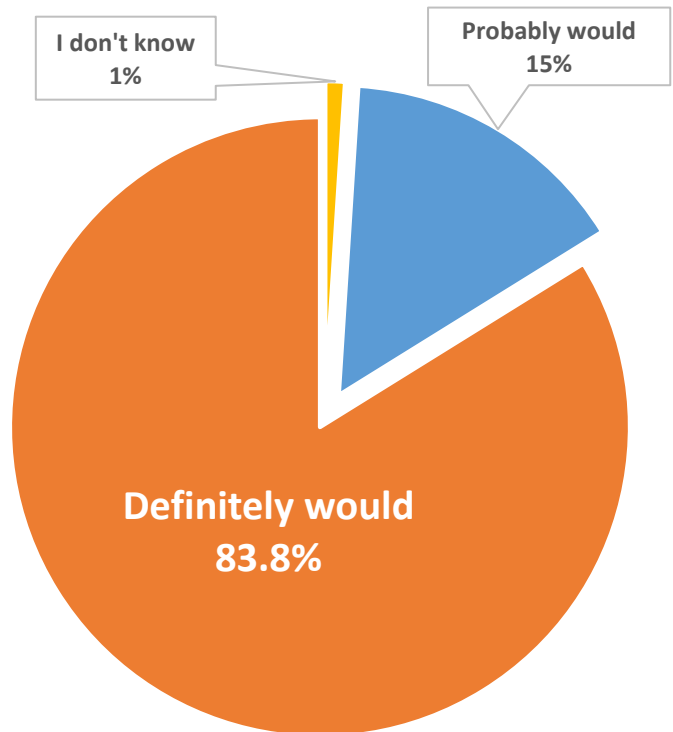
Fall 2015-Fall 2016:
Please describe a specific experience related to GRIT coaching that impacted you the most.
 Respondents n=69





Spring 2015 - Fall 2016:
**Would you recommend the
GRIT peer coaching program
to other UCLA students?**

n=99

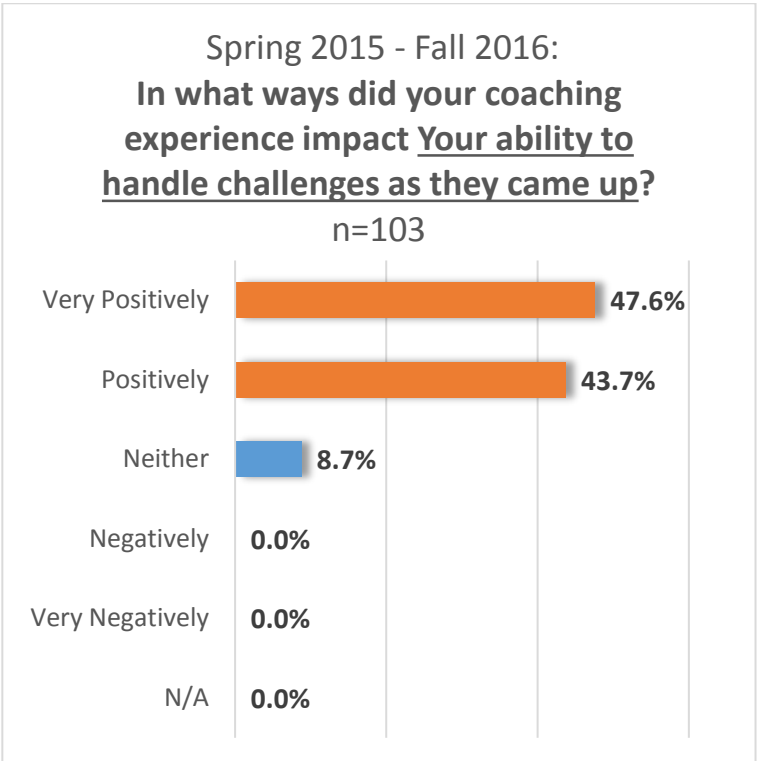
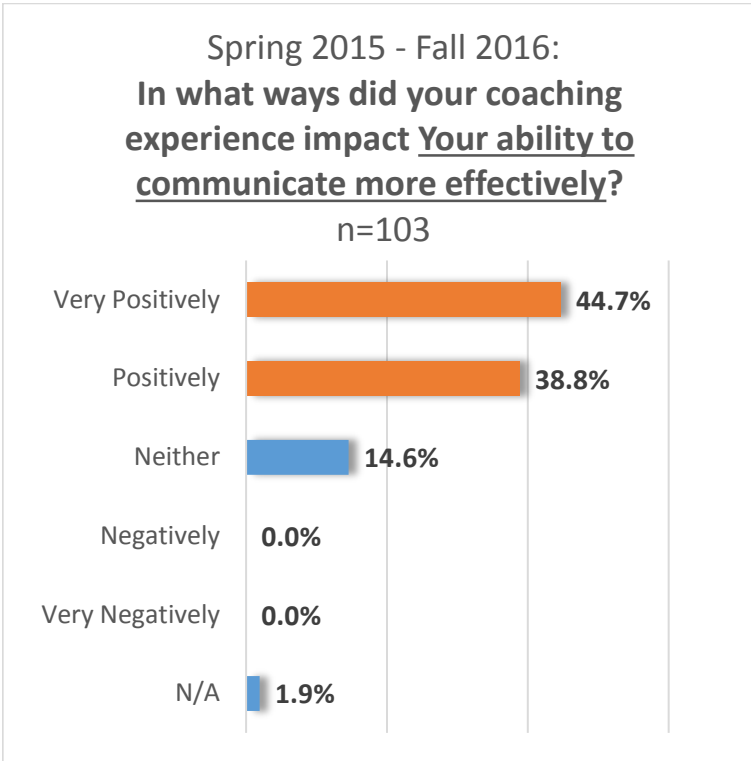
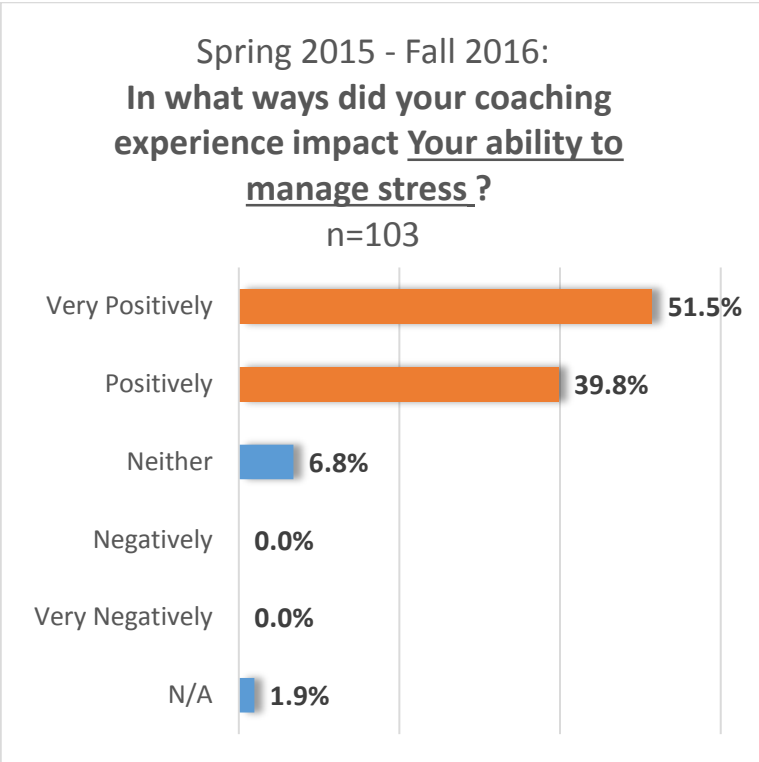
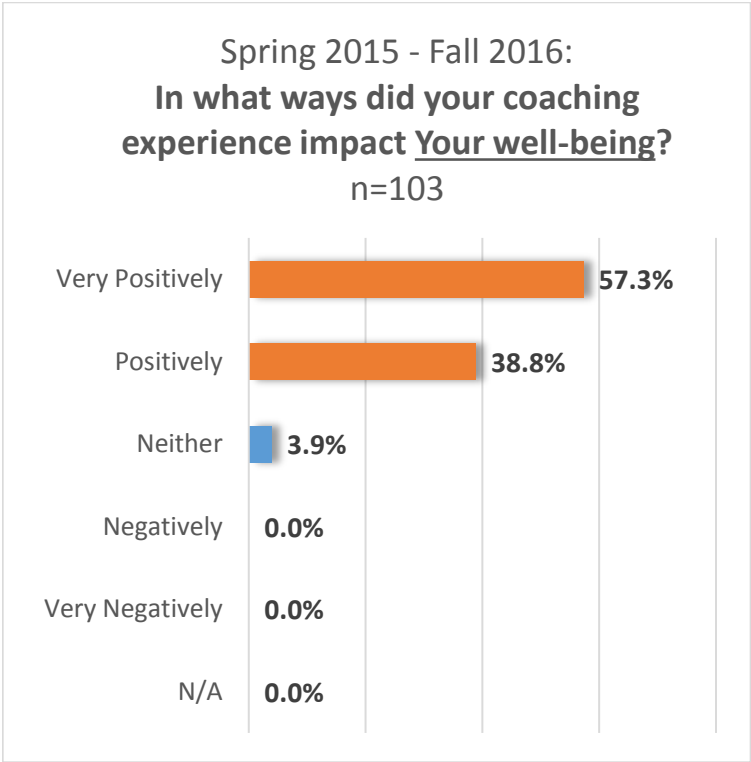


The GRIT program helped me get back on my feet by providing me with unconditional support. I gained access to the resources I needed and developed skills to manage my stress, anxiety, and negative self-talk. Today, I feel more confident and capable of handling challenges in the future.

GRIT Coachee, Winter Quarter 2016

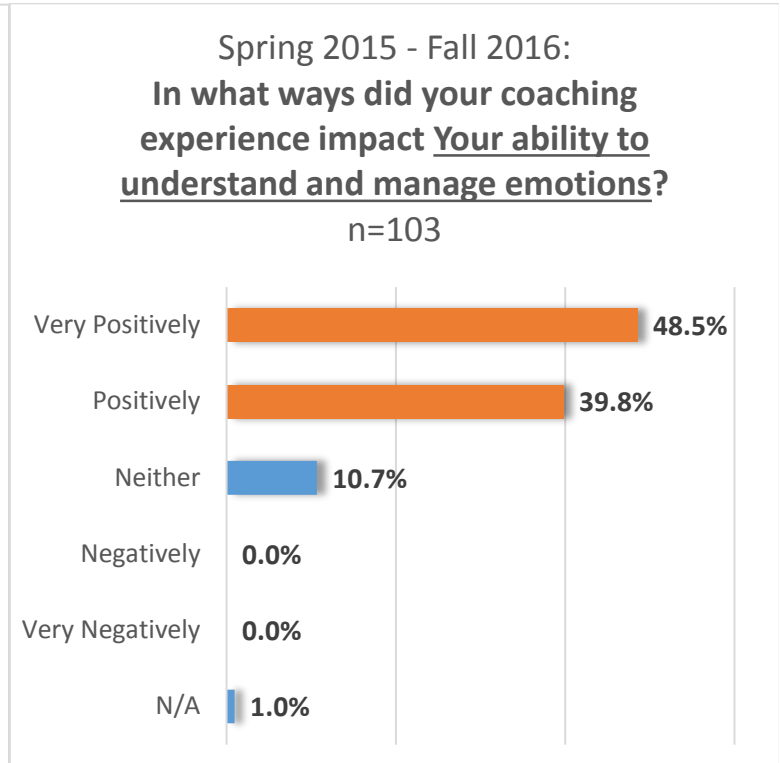
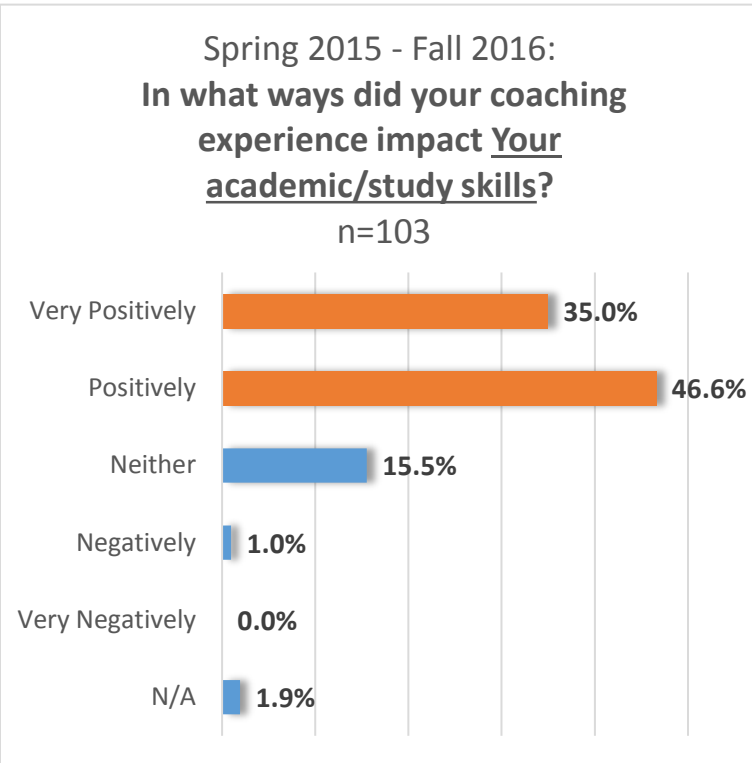
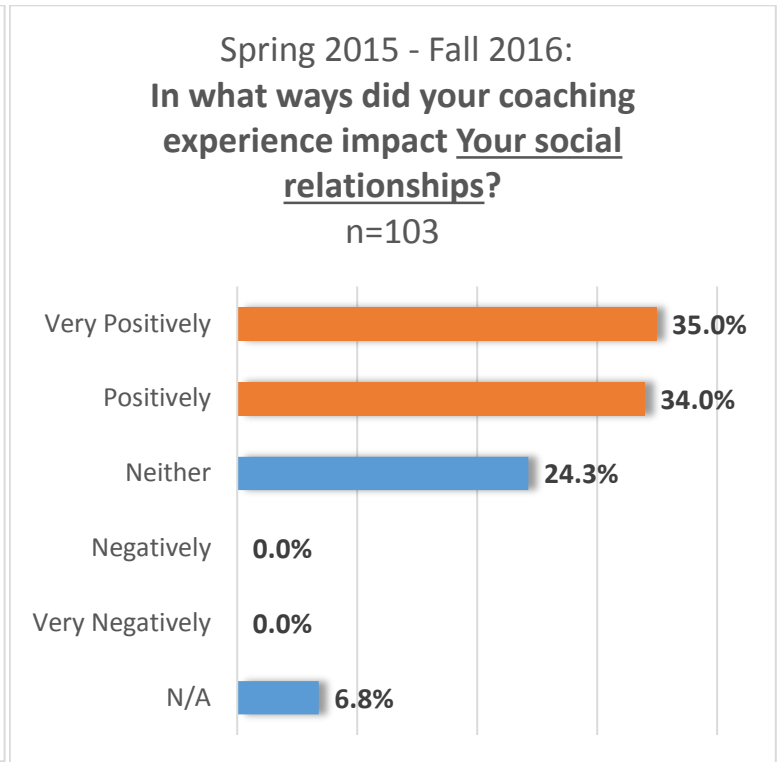
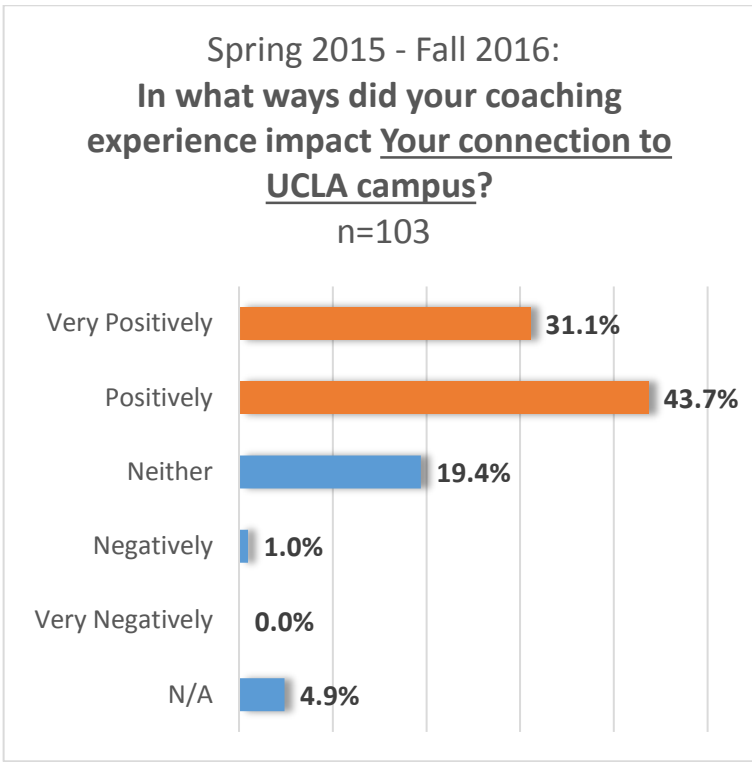


Outcome: In What Ways Did Your Coaching Experience impact the following...





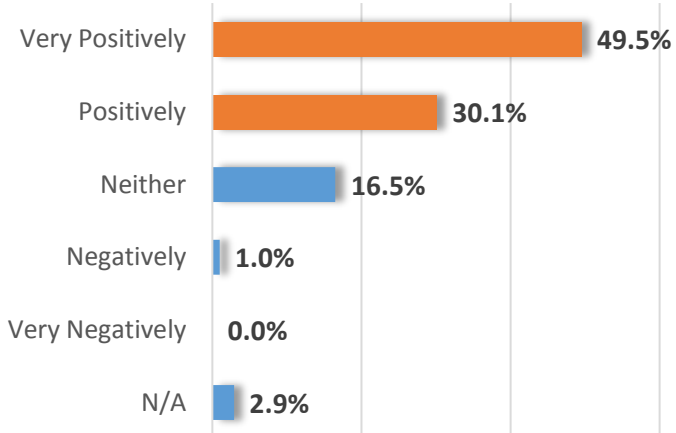
Outcome: In What Ways Did Your Coaching Experience Impact the following...





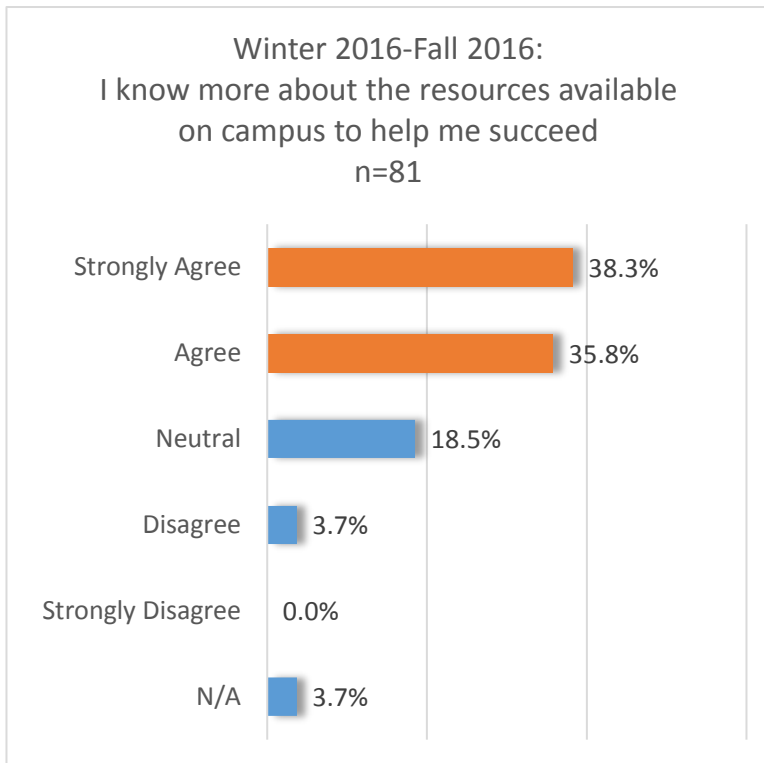
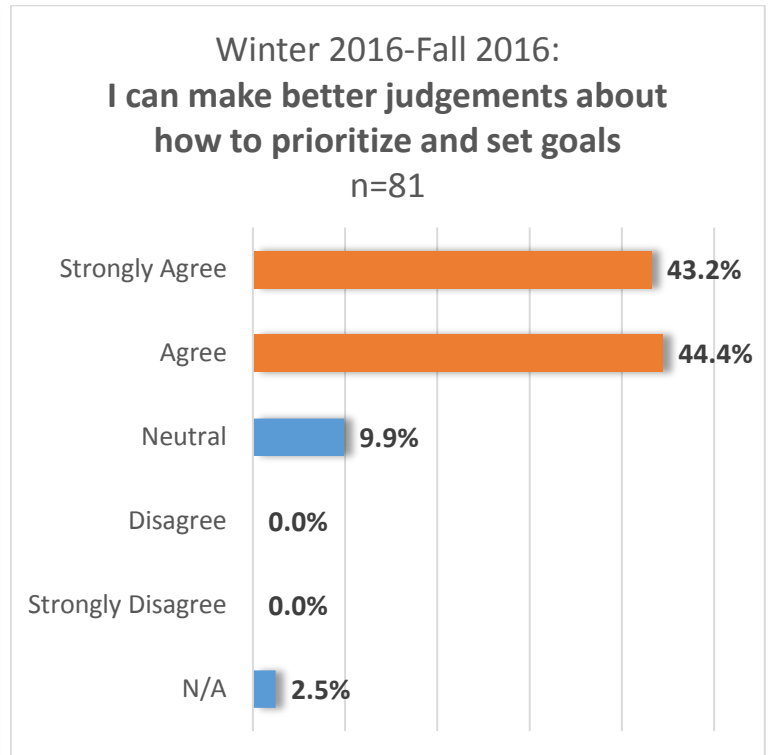
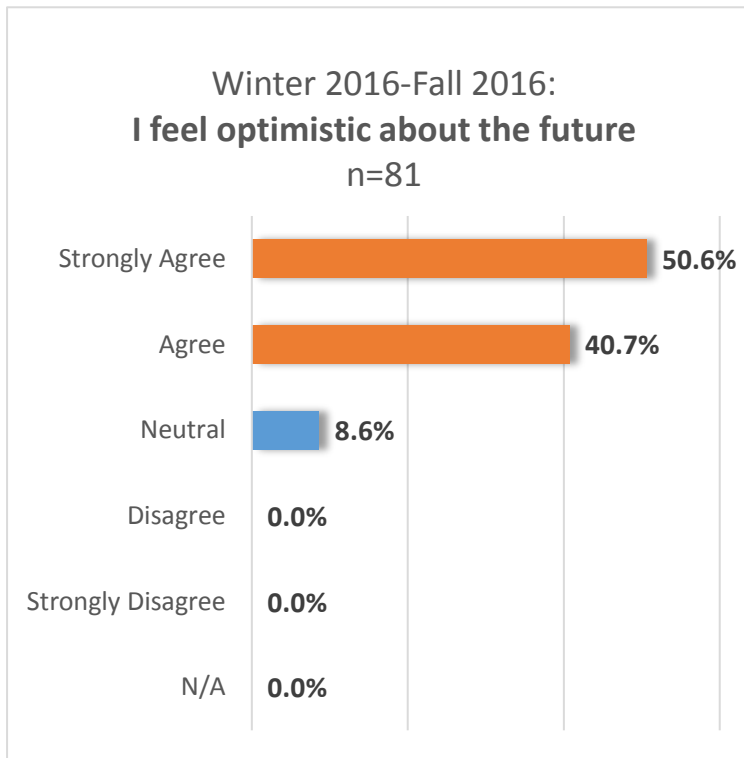
Spring 2015 - Fall 2016:
In what ways did your coaching
experience impact the following? -
Your understanding of your beliefs,
values, and/or identity?

n=103



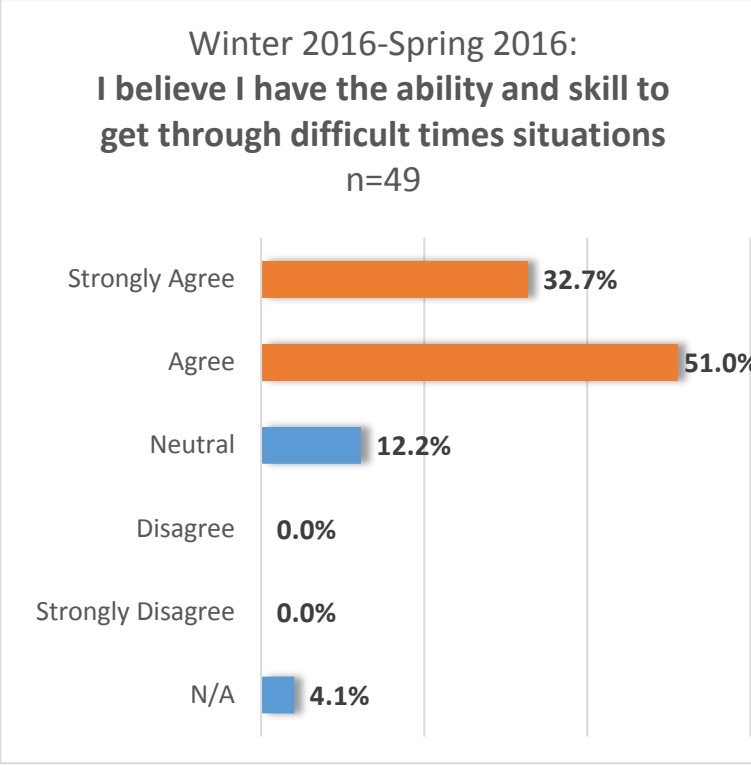
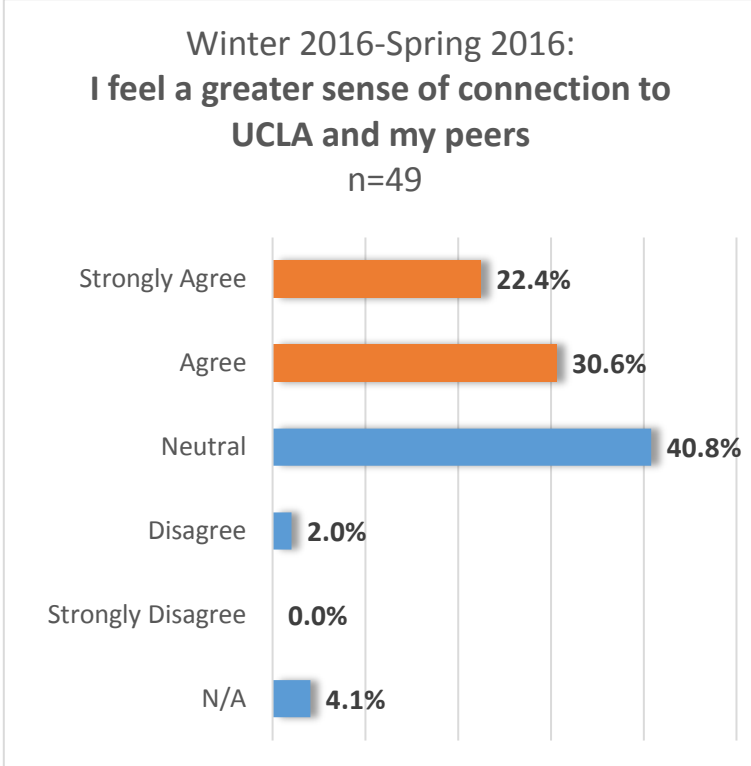
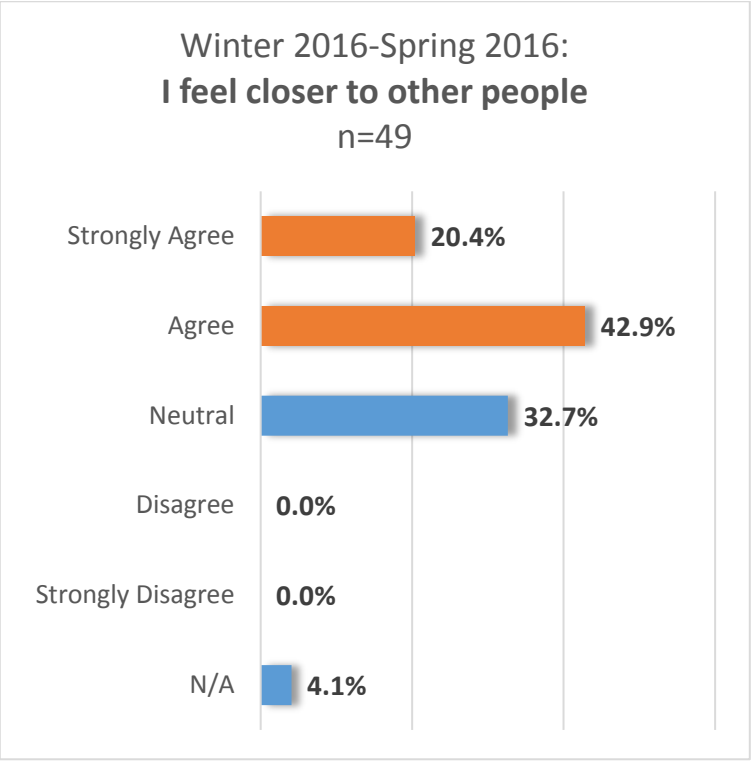


Outcome: As a result of my participation in the GRIT peer coaching program . . .



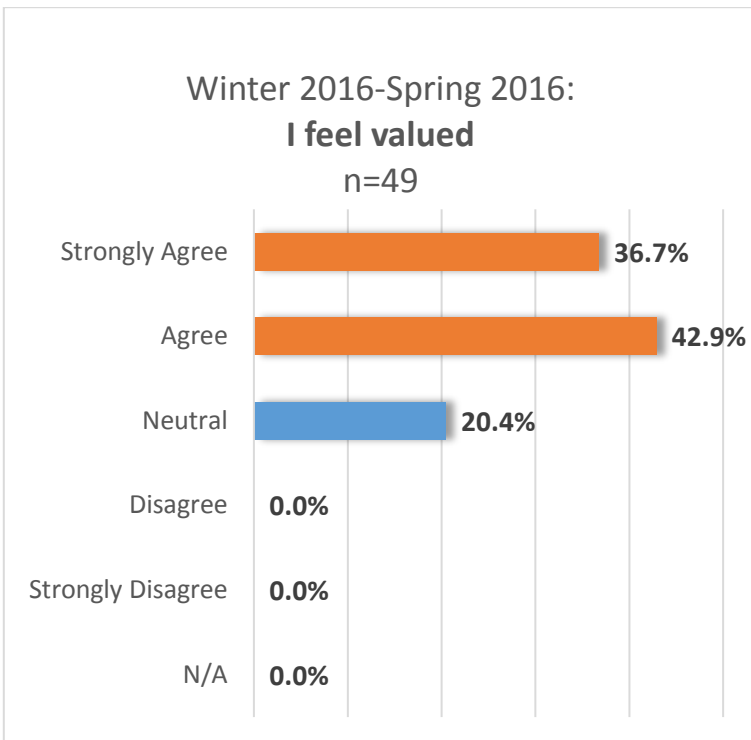
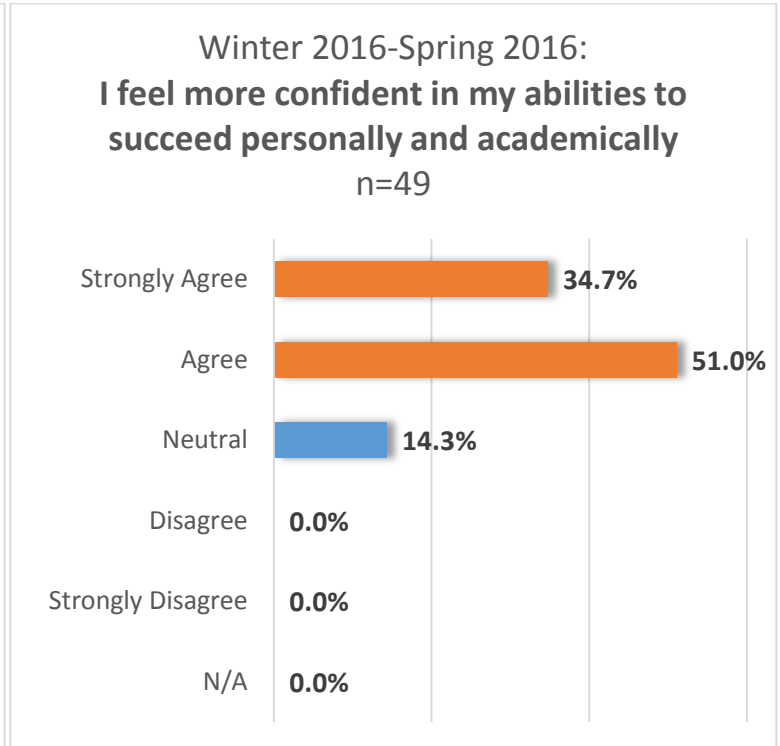
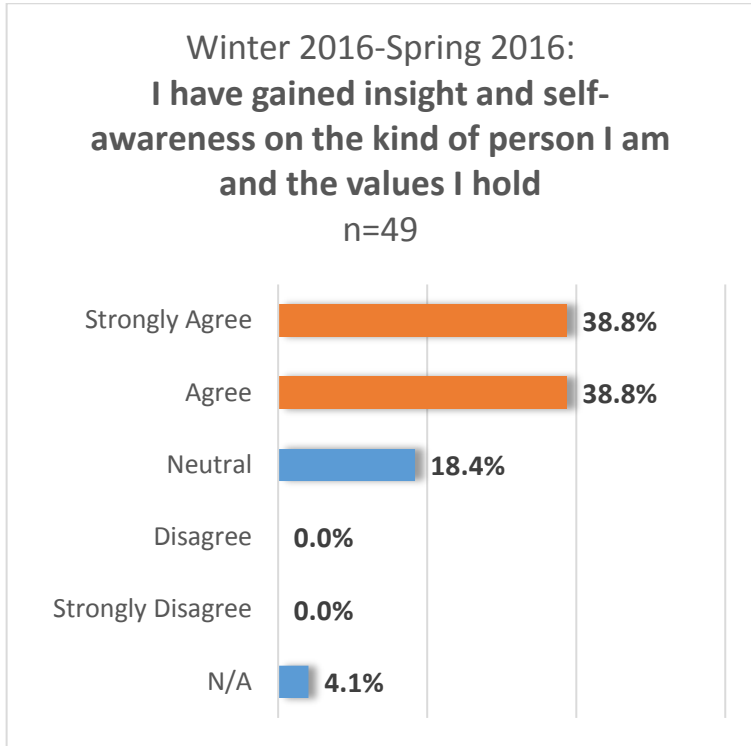


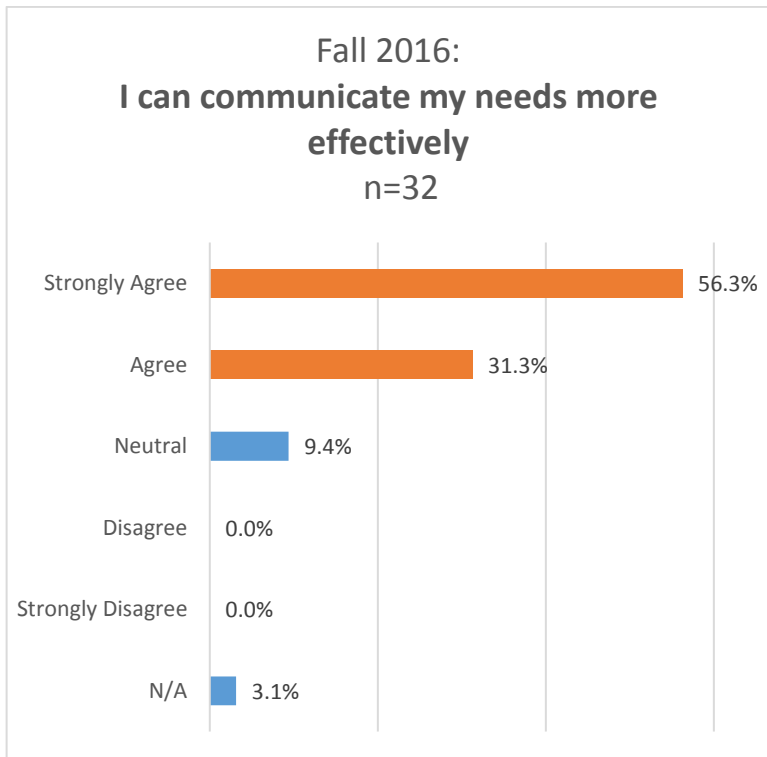
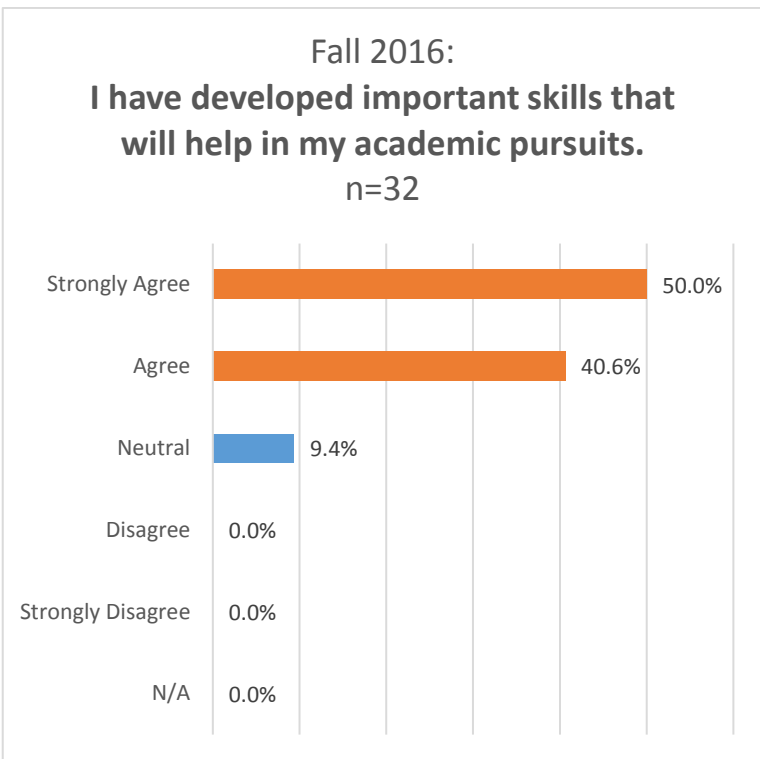
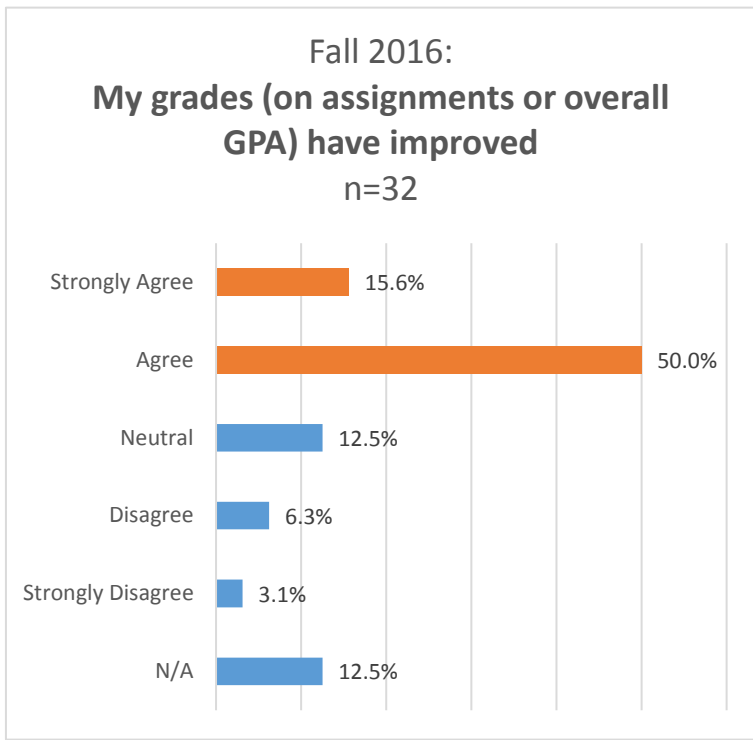
Outcome: As a result of my participation in the GRIT peer coaching program . . .





Outcomes: As a result of my participation in the GRIT peer coaching program . . .



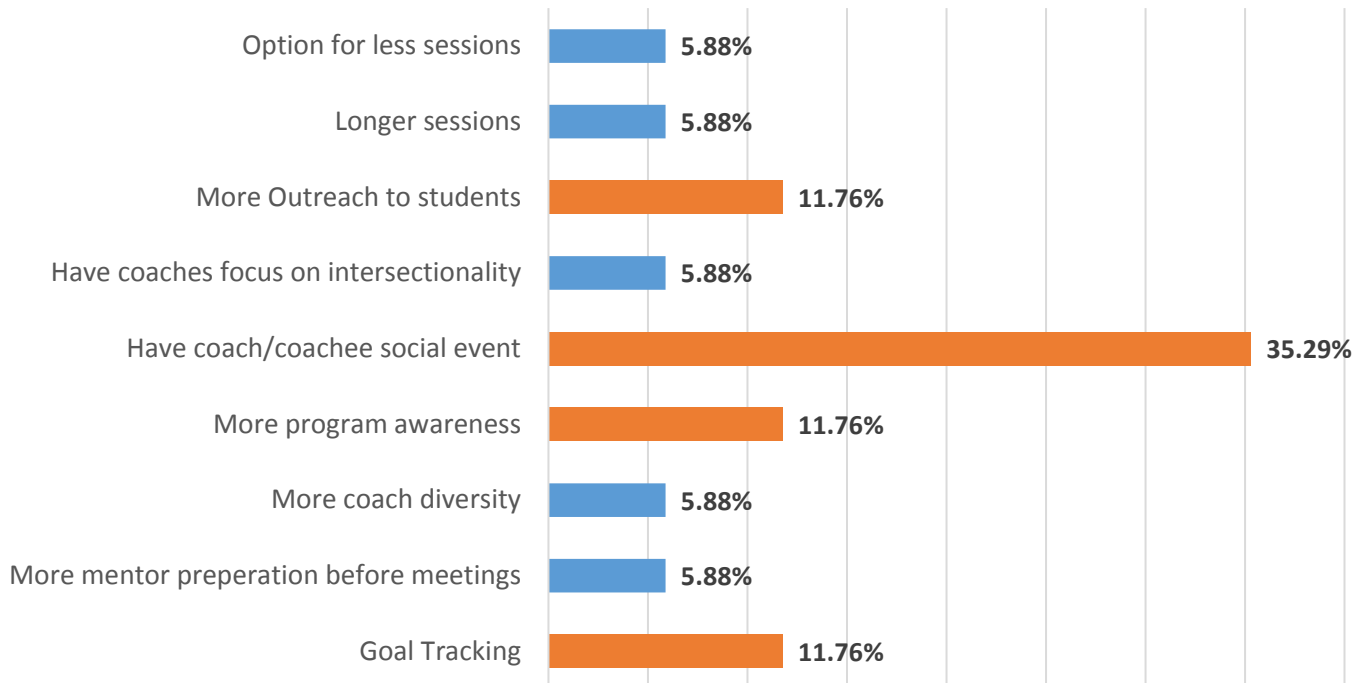




Suggestions from Coachees

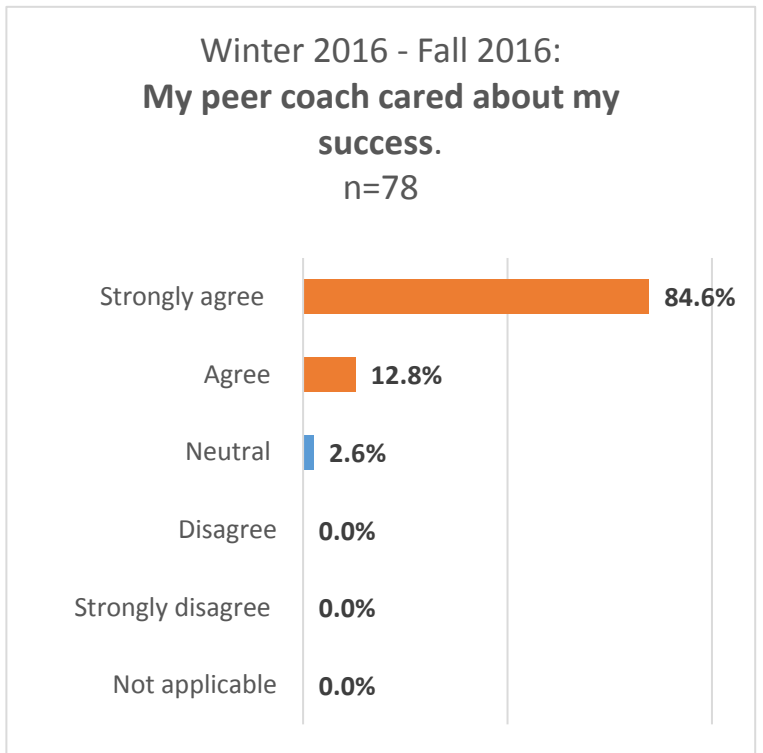
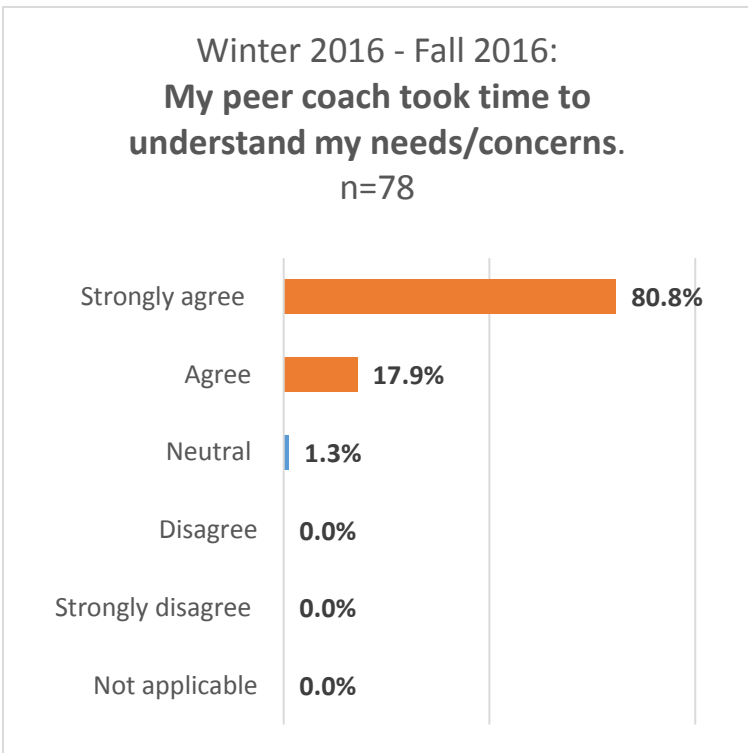
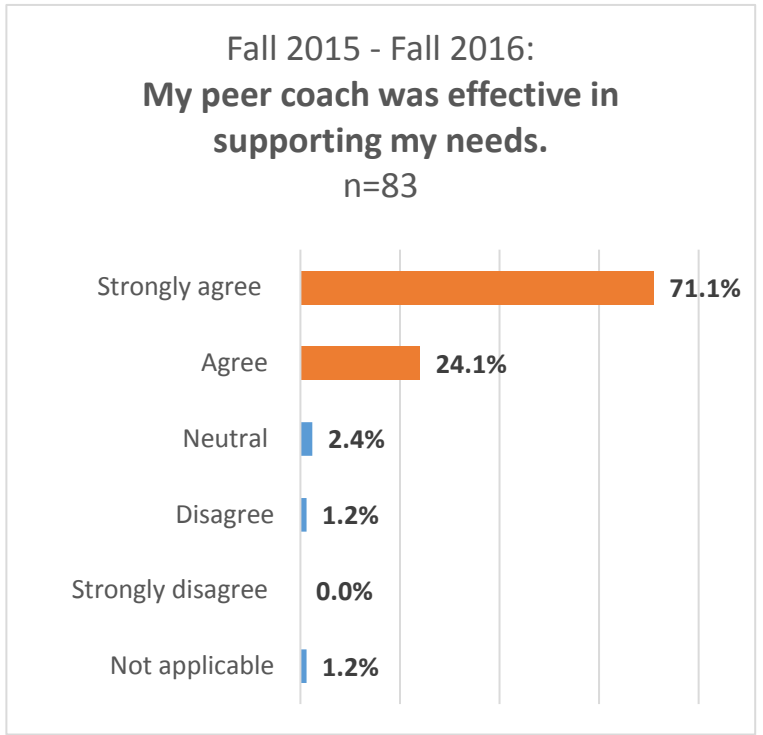
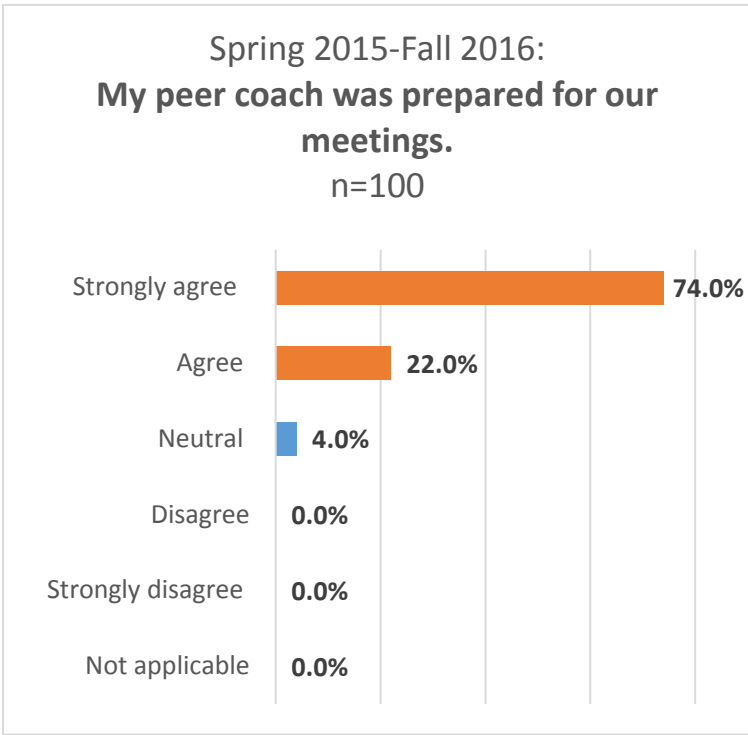
Fall 2015-Fall 2016: Participants indicated several suggestions for improving the GRIT program, with about a third of the participants suggesting a **combined coach/coachee social event**

n=17





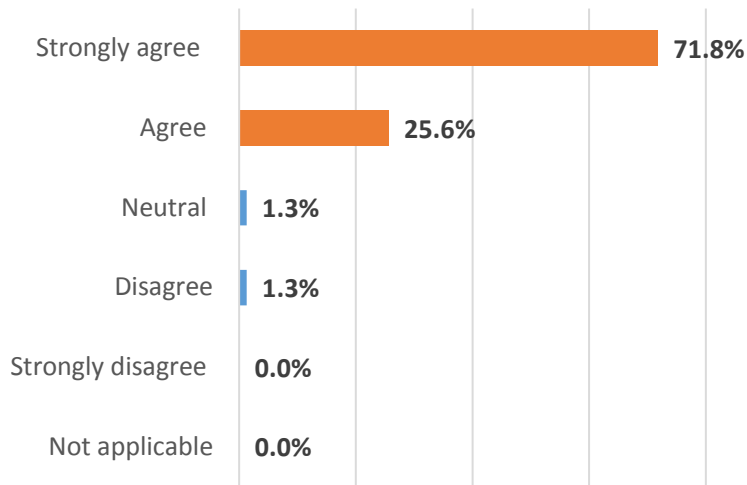
Coachees' Satisfaction with Coaching sessions





Winter 2016 - Fall 2016:
My peer coach was knowledgeable with skills and resources that helped me.

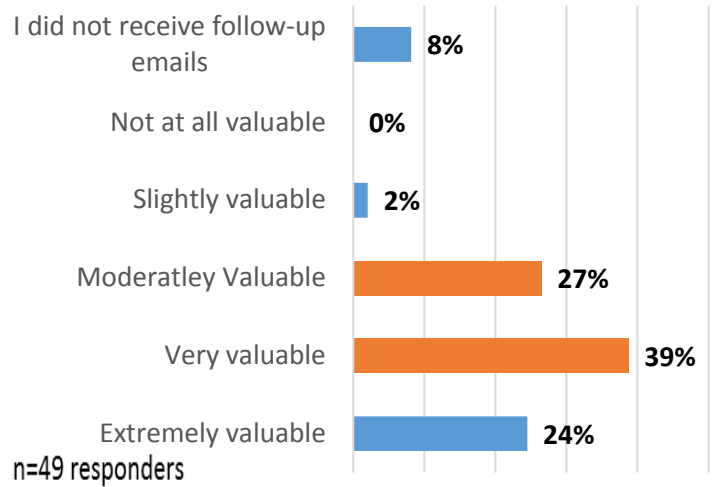
n=78





GRIT e-newsletter satisfaction **Do You Need this in the snap shot?**

Winter & Spring 2016: The majority (65%) of participants in the winter and spring quarters, found the follow-up emails after each session valuable.



Winter & Spring 2016: Participants found that the follow-up emails helped to remind them of their last coaching session and helped to track progress to their goals.

